

DEPARTMENT OF CORRECTION

SITE: WVD

COMPLETED BY: Mary Sims, PhD 04/01/2014 3:01 PM

PATIENT: JONATHAN RICHARDSON
IDOC# 127630
DATE OF BIRTH: [REDACTED]
DATE: 04/01/2014 3:01 PM
VISIT TYPE: Individual Therapy

History of Present Illness

This 31 year old male presents with:

1. BH - Individual Therapy**Chronic Problems****Axis Description**

Axis I Polysubstance Dependence

Axis I Major Depressive Disorder, Severe, Psychotic Featu

Axis II Borderline personality disorder

Axis III Asthma

Axis III Nonspecific reaction to tuberculin skin test witho

Medical/Surgical History

Reviewed, no changes.

Allergies

Allergy Comments: PCN

Ibuprofen

Fish

Significant Life Events

Risk Issues: Risk factors include medical condition, history of self injury, history of serious suicide attempt(s), hx of non-compliance with treatment and hx of substance abuse.

Progress Note

Comments: Pt had obvious new tattoo covering most of his face. He spoke of it being related to Wicca and express himself. His mood appeared somewhat high and a bit giddy. He described his mood as upbeat and boyant. He spoke of finishing up building maintenance and getting transferred to another facility because his level has dropped. He spoke of speaking with sister on the phone about how she will help him when he gets out and his fear of believing that she will be able to maintain for that long given her past betrayal of promises because of her drug use.

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Exhibit 82

Mental Status

Patient's appearance is appropriate.

Patient is oriented to person, place, time and situation.

Behavior is described as unremarkable.

Psychomotor behaviors are unremarkable.

Speech is appropriate.

Patient's affect is appropriate.

Patient's mood is elevated.

Memory is intact.

Sensorium is clear consciousness.

Patient's intellect is average.

Attitude is cooperative.

Attention is gained and maintained.

Reasoning is fair.

Impulse control is fair.

Judgment is fair.

Insight is fair.

Patient's self-perception is realistic.

Thought processes are logical.

Thought content is unremarkable.

The patient does not express suicidal ideation.

The patient does not express homicidal ideation.

Patient is able to understand and agrees to refrain from harmful action.

Clinical Assessment**Axis I and Axis II:**

Axis I Major Depressive Disorder, Severe, Psychotic Featu (296.24)

Axis I Polysubstance Dependence (304.80)

Axis II Borderline personality disorder (301.83)

Axis III (module):

Asthma, Epilepsy.

Axis III (reported by patient):

Finger loss due to self-injury, Heartburn.

Axis IV: Moderate

Problems related to:

education

housing

legal system/crime

social environment

Axis V:

Current GAF: 60 on 04/01/2014.

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Orders/Plan

Medications

<u>Medication Name</u>	<u>Sig_Desc</u>	<u>Stop Date</u>
Albuterol 90 mcg/Actuation Aerosol Inhaler	Use two puffs by mouth four times per day	09/08/2014
ALBUTEROL NEBU 0.083% Inhalation SOLUTION	1 unit dose 1-2 times daily as needed	09/08/2014

Specific Plan Instructions

Continue treatment plan as prescribed. Please see description below.

Treatment Plan

Problem 1: Lack of Understanding of Need for Treatment: Other non-compliance problem

Goal: Participates in assigned therapies

Target Date: 04/02/2013

Resolved Date: 02/12/2013

Objective 1

Client will attend therapy sessions.

Intervention: Individual Therapy

Date: 06/30/2012 Frequency: monthly Staff: Psychologist

Objective 2

Demonstrates knowledge and understanding of mental illness including signs, symptoms and treatment

Intervention: Individual Therapy

Date: 06/20/2012 Frequency: monthly Staff: Psychologist

Problem 2: Hx of Serious Suicide Attempts and Self-Injury

Goal: No self injurious behavior or suicidal ideation

Target Date: 10/01/2014

Objective 1

Develops coping skills to manage emotions efficiently

Intervention: Individual Therapy

Date: 06/30/2012 Frequency: monthly Staff: Psychologist

Problem 3: Depression

Goal: Alleviate depressive symptoms

Target Date: 10/01/2014

Objective 1

Identifies negative thinking supporting depression

Intervention: Individual Therapy

Date: 06/30/2012 Frequency: q 2-3 weeks Staff: Psychologist

Objective 2

Verbalizes increased feelings of self worth

Intervention: Individual Therapy

Date: 06/30/2012 Frequency: monthly Staff: Psychologist

Problem 4: Chemical Dependence: Denial that chemical use is a problem

Goal: Accepts chemical dependence as a problem

Target Date: 04/02/2013

Resolved Date: 03/26/2013

Objective 1

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Identifies precipitants to relapse

Intervention: Individual Therapy

Date: 09/12/2012

Frequency: pm

Staff: Psychologist

Objective 2

Identifies negative consequences of substance use

Intervention: Individual Therapy

Date: 09/12/2012

Frequency: pm

Staff: Psychologist

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